

Case Study: Bromham Primary School

Bromham Primary School has been attending Rock UK Adventure Centres for over 20 years. Their Year Four students attend the Frontier Centre in Northamptonshire, and their Year Six students attend the Summit Centre in Wales each year.

We spoke to Rebecca Gamblen, teacher and group lead for the Year Four residential at Bromham Primary School to find out more about their experiences at Rock UK Adventure Centres.

What are some the things that keep you coming back to Rock UK?

We love the familiarity and ease that we have with the site. We know what's involved with the activities and we know it's a great way to get the children into the outdoors beyond the school setting.

The team are great at meeting our needs and over the years they have continued to make changes to improve everyone's experience. For us, the Frontier Centre is fairly local (only 30 minutes away) so works really well for our Year Four students.

My son returned from the Frontier Centre both buzzing with excitement and utterly exhausted! He has experienced so many amazing activities alongside his school friends, creating memories that he will keep for a very long time.

Sarah

Why do you think it's important for children to attend a residential adventure?

The residential provides children with a couple of nights away from home, this is something that some children don't get to experience.

It gives them a chance to grow in independence, from managing their belongings to making their beds.

And it gives every child an opportunity to shine on a level playing field.

What activities do you choose and why?

We tend to choose activities that we are not able offer within the school setting. This includes things like archery, canoeing, climbing and bushcraft.

We like to make the most of the outdoors and encourage team building activities.

There is also a nice balance at the Centre between activities and downtime. Children and teachers get a good balance of activities and free time for play, socializing and just to relax. That extra time helps with building relationships and also gives us time to reflect on activities and what has been achieved.



To find out more about a school residential adventure with Rock UK please visit:

www.rockuk.org





What is your experience of supporting students who have additional needs?

Our school is very inclusive and the school residentials are no different. We encourage every child to take part and help them every step of the way.

The instructors at Rock UK are very tuned in to supporting students and noticing when they might be anxious, or need some extra support. They help the children to do more than they thought they were capable of and get them out of their comfort zone in a positive way.

What are some of your favourite memories of children attending the residentials?

For me, the residentials are such a positive experience and there are so many memories made for the children every single year. For instance, seeing an instructor encouraging a child to take one more step on the climbing wall. Before you know it, one small step has become thirty steps and the child has achieved more than they thought was possible!

Or when we have had a parent or child that has felt particularly anxious about attending the residential and having time away from home. It takes time and encouragement but it's lovely to see them thrive when they eventually attend.

I learnt new things that I didn't know I could do. The instructors were brilliant explaining things and keeping us safe. My favourite thing was canoeing. I loved it and I've got lots of fun memories

Freddie

What would you say to someone looking to book a residential adventure with Rock UK?

The residentials as Rock UK provide a rounded experience for students away from the school setting. They are highly organised and very accommodating. We've been attending for over 20 years and look forward to more adventures with them.

The Year 4 residential trip to the Frontier Centre provided so many wonderful opportunities for my child. The activities they participated in were varied and exciting. They created memories around the campfire and cemented bonds of friendship. The children came home with a newfound confidence and very tired! What a great experience for them to be a part of.

Kirsty



Activities:

Archery | Canoeing | Bushcraft | Climbing