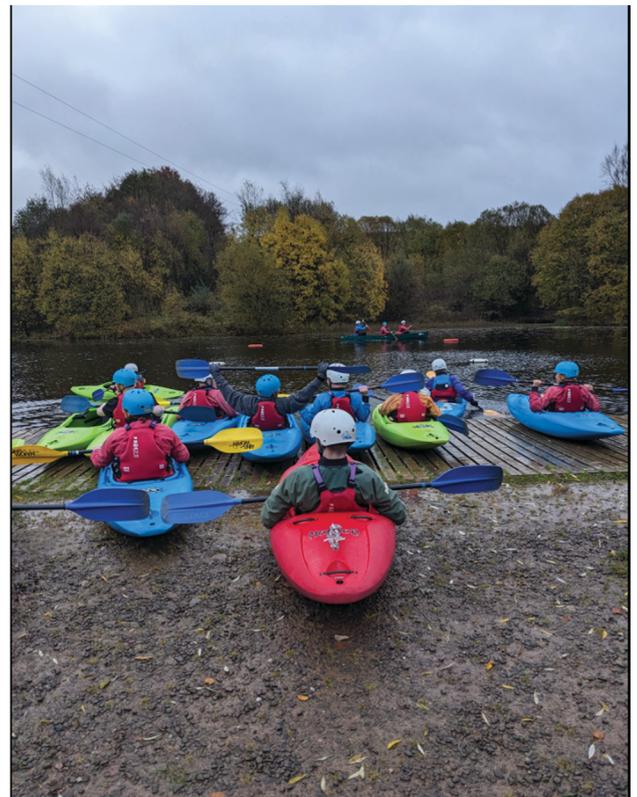


Case Study: Allendale Youth

Whithaugh Park is situated in the unspoilt landscape of the Scottish Borders countryside and shares its surroundings with forests and rivers. As well as hosting school residential trips the centre is popular with youth groups. For many youth workers the youth residential is a highlight of the year offering an opportunity to get to know their young people on a deeper level, cementing friendships within the group.

We have brought many young people to Whithaugh over the years and I believe it has a positive effect on them all. I know this because they always want to come back! They talk about their experiences for ages afterwards. We have brought kids who haven't been on holiday or away from home before and it makes such a difference to their self-confidence.

Julie,
Allendale Youth and Chair of Tyndale Youth Forum



Alongside the setting and the activities, what we pride ourselves on is the quality and warmth of our team. Rock UK invests a great deal in our Instructor Training Programme to ensure that our team are not only qualified but well supported to deliver outdoor adventures and Spotlight youth sessions. Spotlight sessions are designed to challenge young people to think about life outside of their normal environment. They consider issues such as decision making, friendship, self-esteem, communication, justice and trust, all from a Christian perspective of respect, tolerance and inclusivity.

We like the safe feeling - the staff are always delightful and provide us with the best time



To find out more about a school residential adventure with Rock UK please visit:

www.rockuk.org

